

Kurma & Kurma Lite yoga mats

Important notes for usage and maintenance

New yoga mats take some time to gain their final grip. The more you use your mat, the stickier it becomes. The best way to wear in your mat is to do lots of yoga practice! You can also place the mat somewhere you will walk over it, with bare feet.

Your mat is machine washable: Use a little of a **mild detergent** and a cool wash cycle (not more than 30°C). Do not use the spin cycle. Give it quite some time to dry (do not use a tumble dryer or radiator) Avoid folding or using your mat before it is **completely dry**, as this may cause some damage on the surface. You can roll your mat up with a towel and squeeze excess water out to speed up the drying process. Compact mats may be cleaned using a damp cloth. It is not customary to wash them in a machine.